30 Random Acts of Kindness for Primary School Children

On the Playground
- Pick up a piece of litter and put it in the bin
- Invite someone playing alone to join in your game
- Let somebody go ahead of you on the playground apparatus
- Offer to play with somebody younger than you
- Ask an adult on the playground how their day has been
- Try and start a game that involves everyone in your class

In the Hallway.
- Smile and say hello to another person
- Open the door for another person
- Pick up something that has fallen off a display and give it to an adult
- When lining up for assembly or dinner let somebody go ahead of you
- Help somebody that has dropped something
- Help a younger child who may be lost

In the Classroom.
- Give a friend a thank you letter
- Donate some Dojo points to somebody that you think deserves them
- Help somebody who is struggling with their work
- Give somebody a compliment about what they are wearing or their hair
- Tidy up the classroom
- Leave a nice note for your teacher

Towards Adults.
- Say hello to somebody else's Mum in the morning
- Give an adult that works in your school a compliment
- Offer to help with the washing up or tidy your bedroom at home
- Say something nice to your Mum or Dad
- Give an MSA or TA a thankyou card
- Tell the school cook how nice the dinner was

Towards Other Children.
- Offer to read a younger child a story
- Tell another child ‘Good Job’ on a piece of work they have done
- Make a friend with somebody new at your school
- Help another child by carrying their bag or lunch box
- Make a kindness note or letter for a friend
- Say hello and smile at as many other children as possible

Inspired by an original idea by primarilypeace.tumblr.com